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Bangalore Mirror

TEMP Max 30 | Min 20 | Humidity 55% Partly Cloudy Sensex 66,166 | Nifty 19,731 | Gold 59,415 | Silver 71,368 | Dollar 83.24 | Euro 87.74 | GBP 101.33

Govt will acquire land to create elephant corridor around Bengaluru, prevent human-animal encounters in city

ROOM FOR ELEPHANTS

Survey conducted in village covering 1,000 acres around BNP

SB BANDARA/UNSPLASH

| Sridhar.Vivan
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> **"Wherever there is a significant movement of elephants, we intend to purchase land from the farmers and plant fruit-bearing trees**
> — Eshwar Khandre, forest minister

Governments often acquire land for infrastructure projects, ultimately leading to the destruction of trees. However, for the first time, the government has decided to acquire land to safeguard animals.

It plans to obtain land to create an elephant corridor around Bengaluru, for preventing elephants from entering the city.

Forest minister Eshwar Khandre said: "According to our plan, wherever there is a significant movement of elephants, we intend to purchase land from the farmers and plant fruit-bearing trees. There are numerous elephant corridors across the state; we aim to implement similar measures."

Forest department officials mentioned the elephant corridor would not only prevent human-animal conflicts but also reduce the financial burden. Currently, the forest department has to compensate Rs 15 lakh to the kin of those who died due to elephant attacks, in addition to a monthly pension of Rs 4,000.

There have been several instances of elephant deaths in and around Bengaluru. Last year, a wild elephant died near the Kanakapura road after being hit by a BMTC bus. This incident occurred on the elephant corridor leading towards Bannerghatta.

CONTINUED ON PAGE 8 »

BM
NAVARANG
2023
Today's Colour
RED
The joyous Navaratri festival has arrived, and it's time to immerse yourself in the celebrations with Bangalore Mirror Navarang.
Ladies, here's the exciting part – you have the opportunity to adorn yourself in sarees of the colour designated for the day. Gather your favorite companions, capture group selfies in your vibrant sarees, and be sure to embrace the day's thematic color.
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9591233247
The most captivating group photo stands a chance to be showcased in BM-Navarang
Please note-Tomorrow's colour code is BLUE
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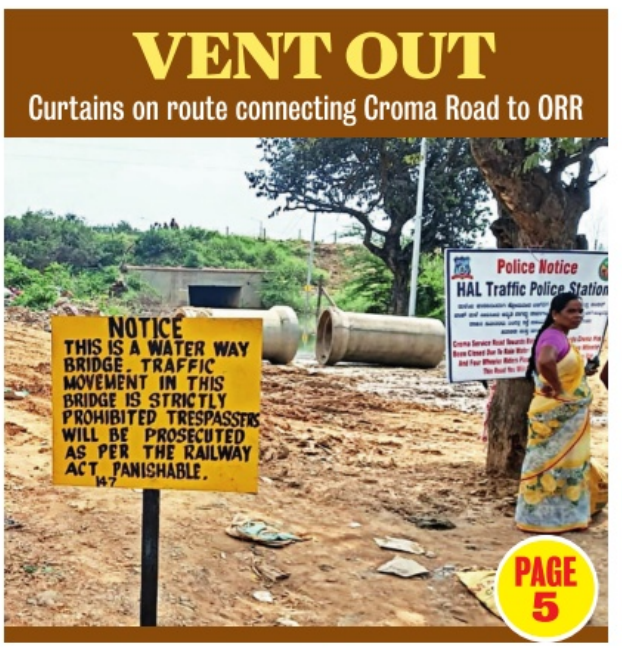
VENT OUT
Curtains on route connecting Croma Road to ORR
NOTICE
THIS IS A WATER WAY BRIDGE. TRAFFIC MOVEMENT IN THIS BRIDGE IS STRICTLY PROHIBITED TRESPASSERS WILL BE PROSECUTED AS PER THE RAILWAY ACT PANISHABLE.
Police Notice
HAL Traffic Police Station
PAGE 5

Lights out, profits down

Industrialists express concern about power cuts without prior information; say it's severely impacting production in processing units

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Karnataka is grappling with an unusual surge in high-power demand

With the power crisis looming large, many industrialists are upset over frequent power cuts. Industrialists say that production is taking a severe hit due to unscheduled load shedding. Arif HM, President of Peenya Industries' Association, said, "We are facing unscheduled power cuts without prior information from Bangalore Electricity Supply Company Limited (BESCOM) or other authorities. We demand uninterrupted power supply as these cuts severely impact production in processing units. Whether for 10 minutes or an hour, each cut affects our production, leading to bad reputation and financial loss. As major taxpayers, we urge the state government to ensure uninterrupted and quality power. If there's a shortage, consider purchasing power from other states."

Simultaneously, the Bruhat Bengaluru Hotels Association wrote to Deputy CM DK Shivakumar about power shortages. PC Rao, president of the association, added, "Unscheduled power cuts are affecting our businesses, particularly those reliant on cold storage and refrigerators. Advanced notice of power cuts would allow us to plan alternatives."

> **"Uscheduled power cuts are affecting our businesses, particularly those reliant on cold storage and refrrigerators**
>
> –PC Rao, president of Bruhat Bengaluru Hotels Association

Karnataka is grappling with an unusual surge in high-power demand, exceeding 15,000 MW in October 2023 due to monsoon failure. Apart from the last two weeks in July, there's been a significant rainfall deficit for August and September, leading to low storage in major hydro dams. The state faces a daily shortfall of 40–50 MU in October 2023, with increased demand exceeding 15,000 MW. Due to subnormal rainfall, reservoir levels are much lower than last year, relying heavily on thermal sources.

Many industrialists complained that unscheduled power cuts during working hours affect production, making it challenging to meet client deliveries.

Udaya Kumar, an industrialist, added, "Lack of prior information results in paying wages for unproductive hours. We are a significant exporting industry, but frequent power cuts are impacting production."

Energy department officials noted that in the last five years, installed power generation capacity has increased to 4,000 MW. Despite a total capacity of 32,000 MW, including 16,000 MW of solar power, solar generation disrupts electricity management. Coal-related problems are resolved, with plans to purchase 300 MW from Uttar Pradesh and 600 MW from Punjab. An additional 1,500 MW may be bought on a short-term basis, pending approval from the Karnataka Electricity Regulatory Commission (KERC). Section 11 of the Electricity Act is invoked for national disaster management, and the power shortage is expected to be overcome.

Chief Minister Siddaramaiah mentioned that 13% of electricity is lost in transmission, but the Gruha Jyothi scheme reduced theft. Industrial electricity theft is low, and demand for electricity may drop after sugarcane crop harvesting. Electricity can be obtained through co-generation during the sugarcane crushing process.

It's now tougher for red-category industries

Bangalore Mirror Bureau
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Red-category industries to seek NOCs

For red-category industries in Karnataka, obtaining the consent to establish and operate certificates from the Karnataka State Pollution Control Board (KSPCB) just got tougher.

Karnataka Forest Minister Ishwar Khandre, in a progress review meeting with KSPCB officials, directed the board to expedite the application for permission to set up industries falling under the green category. As per his instructions, the application process filed by green-category industries will now be processed within 30 days, applications submitted by orange-category industries will be processed within 45 days, and applications by red-category industries to obtain NOCs will be processed within 90 days.

The minister also noted that more than 1,400 such applications are pending with KSPCB and thus directed the Board to settle applications seeking no objection certificates (NOCs) in a time-bound manner.

"Concerned officials will be held responsible for any unnecessary delay," said Khandre.

Task force for crackdown on firecrackers

He also directed KSPCB to implement the Supreme Court's order on green crackers. After the meeting, KSPCB issued a circular with detailed instructions to various authorities on the local level to begin a crackdown on the sale of banned crackers. As per the circular, a task force comprising officials from various agencies, such as police, health, and members of civil society, will soon begin a random inspection of storage facilities across the state.

"The green crackers will have QR codes. A scan of this code can verify if the cracker is green. The SC has banned the manufacture, transportation, stocking, and sale of firecrackers that are harmful to the environment. The ban has to be strictly implemented by the Board, district administration, and local bodies. Checks are going on at the state border too," he informed.

Khandre also instructed KSPCB officials to raise awareness among the public about the harmful impacts of firecrackers.

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2 THINGS TO DO

01 Magical performance

Don't miss the chance to attend a fabulous performance by renowned Cabo Verdean singer and multi-instrumentalist, Miroca Paris. He is set to enthral audiences with his distinctive guitar playing technique by bringing forth a forward-diving and refreshing sound. Miroca is not only known for his warm and raspy voice but also for his deeply rooted rhythms.
Where: Windmills, Whitefield
When: October 20-21; 9:30pm onwards

02 Celebrate femininity

This Navratri, don't miss the chance to celebrate the divine feminine with an excellent offering of storytelling, soul-stirring Sufi music, and eloquent art talks. 'From Within She Rises' offers tales that reflect the grace and strength of the goddess and help guide a path within.
Where: Atta Galatta, 178, 5th Main Road, Binnamangala, Hoysala Nagar, Indiranagar
When: Saturday, October 21; 5 pm- 8 pm

Big cat makes a meal out of bat

Study records leopard in Tumakuru forest preying on flying foxes, in possibly the first such observation

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Camera traps recorded a female leopard, approximately five to six years old, carrying the Indian Flying Fox in its mouth

Leopard sightings have been on the rise over the years, with numerous big cats spotted in and around Bengaluru. Until now, experts attributed the surge in leopard numbers not only to urbanisation but also to the rapid adaptability of these big cats. However, a recent discovery has left experts puzzled, revealing how leopards are swiftly altering their dietary habits. In one of the first such findings, these big cats are now observed preying on flying foxes.

According to sources, leopards (Panthera pardus) exhibit a diverse diet, ranging from large prey like sambar, chital, and wild pig to medium-sized prey such as four-horned antelope and barking deer, and even small prey like black-naped hare, porcupine, and pangolin. They are known to consume reptiles, birds, fish, as well as domestic animals like goats, sheep, and dogs. Their adaptability to various prey types sets them apart. While leopards have been documented feeding on unique prey like bandicoots, monitor lizards, and fish, a recent observation in Devarayanadurga State Forest in Tumakuru district is unprecedented.

In a study conducted by Dr. Sanjay Gubbi of Holématthi Nature Foundation and Nature Conservation Foundation, a leopard was observed carrying an Indian Flying Fox (Pteropus medius). During August-September of this year, camera traps were deployed to estimate leopard populations in Devarayanadurga State Forests near Tumakuru town, capturing this exceptional behavior.

> **“ The leopard was also seen here with her cub, suggesting the cub could also learn this distinct behaviour**
>
> –Dr Sanjay Gubbi, study lead

The female leopard, approximately five to six years old, was recorded carrying the Indian Flying Fox on two occasions. This event, possibly the first of its kind globally, raises questions about whether the leopard climbs roosting trees to capture the flying fox or uses alternative hunting methods. Dr. Gubbi, study lead, said, “The leopard was also seen in the same location with her six-month-old cub, suggesting the possibility of the cub learning this distinct behaviour.”

The Indian Flying Fox, among the world’s largest bats, weighs about 1.5 kg, boasting a wingspan of up to 5 feet.

BM Trippin’ Tales

Planning a long trip? Make sure your car tyres are well taken care of

Car tyres go through a lot of wear and tear when they are running. The friction and heat generated between the tyre surface and road can lead to an eventual decline in the tyre’s performance and safety. Therefore, It is important to know how to keep tyres in good condition so that you can hit the road, even for long-distance drives without any fear. Some simple things that you can do to keep tyres in healthy conditions include:

- Scale and align tyres regularly
- Do not suddenly accelerate or brake
- Have reduced cornering speed
- Change tyres after certain years/kilometres

Here are some tips and tricks to take proper care of tyres.

Step 1: Keep a check on pressure and depth

Do you know that tyre pressure changes almost every day? Certain factors that affect the tyre may include kilometres covered, season change between summers and winters and the type of the road and others. Similarly, the Depth of the tyre indicates the approximate rubber left on the tyre and whether it should be changed or not. The depth of the tyre also degrades with time. Keep a handy tyre pressure gauge in your vehicle for quick use.

Step 2: Keep tyres clean and tidy

Dirty wheels with stains and marks let down the entire look of your car, isn’t it? Keeping tyres clean and tidy is also an important step towards ensuring a long life. But, why is it important to keep tyres clean? The tyres go through almost everything on the road including debris, oils, fluids, shattered glasses and much more. Keeping tyres clean ensures that none of such things settle on the tyre and hampers the performance of the tyre.

Step 3: Keep spare tyre in perfect condition

Spare tyres are like life saviours. Flat tyres waste time, are annoying and require proper care. Having spare tyres cuts time waste, ensures a smooth ride continues and keeps the car safely on road. Keep the spare tyres in perfect condition and always have the tyre replacement kit in the boot of your car to quickly change.

Step 4: Park your car in a garage or cover it

Your car must be parked in a shade or covered properly because summers and winters affect the tyre temperature and performance. Keep your car covered when not used to help extend tyres’ life.

Step 5: Get all-season tyres

All-season tyres provide consistent performance and grip all throughout every season. All season tyres are safe in every season and limit the damage done to tyres on different roads. However, check with the manufacturer before replacing your car’s tyres.

(This article first appeared in Times Of India)

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Quick fix failed

Commuters find it difficult to travel on Electronic City and Kyalasanahalli-Jigani link road; material used for filling potholes and craters has been washed away in rain

| Y Maheswara Reddy
c-y.reddy@timesgroup.com

TWEETS @BangaloreMIRROR

Hundreds of employees working at the Jigani Industrial Area were very happy when the authorities concerned took temporary measures to fill up potholes and craters on the Electronic City and Kyalasanahalli-Jigani link road two months ago.

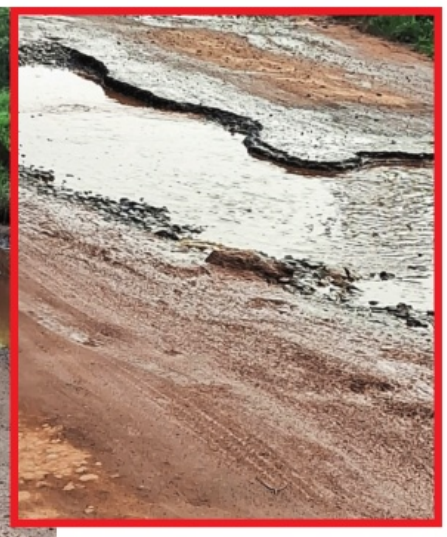
However, now they are finding it tough to commute on this road. With the mud and material used for filling the potholes and the craters washed away due to the rain, the potholes and craters have surfaced again, thus making commuting on this road a herculean task.

Bangalore Mirror published a story, 'Commuters navigate ups, downs – literally,' on July 7, narrating the difficulties of motorists who commute on this road to reach Jigani Industrial Area.

With the condition of the road becoming worse, commuters are compelled to run pillar to post, seeking restoration of the road. "I have complained to the authorities concerned and elected representatives. All of them are promising to make the road motorable, but nothing has been done to date. The authorities are avoiding responsibility to restore the road," said Mani Ranjan, a resident.

Expressing a similar opinion, Arun Jha, a resident of Neeladri Nagar, said the condition of the road has become worse, thus making it extremely tough to commute. "The number of potholes and craters has increased. It is not easy for two-wheeler riders to navigate through the potholes and the craters on this road whenever it rains," he said.

Many commuters added that the authorities did not take measures to asphalt the road for the last two years.



Within two months of repair, the potholes and craters have resurfaced, making commuting difficult on link road

> **I have complained to the authorities concerned. All of them are promising to make the road motorable, but nothing has been done to date** –Mani Ranjan, a resident

BR Nandagopal, a resident of Bettadasanapura who has to commute on this road to reach his workplace, said, "Commuting on this road on four-wheelers is not safe. Car suspension arms are getting damaged due to the potholes and the craters on this road. I want the authorities to asphalt the road without any delay," he mentioned.

On contacting MLA Krishnappa, who represents Bengaluru South, his secretary had responded to the phone call and assured to visit the spot on Monday. "Our MLA directed the engineer to fill up the potholes and the craters a few months ago. The road was fit for commuting. A few residents have already complained about the condition of the road. I will visit the road on Monday and update our MLA on the condition of the road," said Ramesh, secretary of the MLA.

Meanwhile, Bangalore Zilla Panchayat Assistant Executive Engineer Vijayendra had said that he would visit the spot on Sunday. "I am on the way to the spot. I will try to do whatever is possible to restore the road," the assistant executive engineer said.

Road named after activist in spotlight

| Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

It is quite shocking and disturbing to come across people attempting to create a law and order problem in the city. It is alleged that some people with a vested interest chalked out a plan to remove a three-decade-old name board put up by the then-Bangalore Mahanagara Palike (BMP) in 1994.

The road between Yeshwantpur Junction and Railway Station is named after Rehaman Khan, a Kannada activist who was seriously injured in a road accident while crossing the road at KR Circle on October 14 and died on October 15. There was no opposition to naming the road after Rehaman Khan, as he was known for participating in programmes for the protection of Kannada.

Rehaman Khan Road was named after the Kannada activist

It has been learned that some people have been trying to shift the name boards or put up new name boards due to the reasons known to them. The news of the alleged shifting of name boards to other locations on the road has got Kannada activists up in arms.

"It is not fair to shift the name boards of the road to other places on the same road. It is the responsibility of the BBMP to shift or change the name boards. We strongly oppose the shifting of name boards to other locations," said Samiulla Khan, a Kannada activist.

Recalling Rehaman Khan's contribution to Kannada, SB Radhakrishna of Jagamechchida Maga Dr Rajkumar Abhimanigala Sangha, said that he would strongly oppose shifting, removal, or changing the name of the road by some people with a vested interest. "Many prominent personalities had attended the function of naming the road after Rehaman Khan. The BMP Council had approved the proposal to name the road after Rehaman Khan. The then mayor Kuppusamy presided over the function," said Radhakrishna.

Expressing a similar opinion, Raja Nanjundaiah, zonal chairperson of Lions Club Bangalore, said that Kannada activists would oppose any move to change the name board or shift it to other locations. "Many prominent personalities, including the then Bangalore Development Minister Ananth Nag and MLA Roshan Baig, attended the function. There was no problem with the name board all these years. I do not know why some people have been trying to shift the name boards," said Raja Nanjundaiah.

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Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Keep it clean
Jayanagar

The 9th Main Road in Jayanagar 5th Block has been well-maintained for quite some time. However, in recent days, people have been disposing of garbage in bags near a tree, and the main road is being defaced with film posters.

Don't neglect
Nandini Layout

The gym located at Jai Maruthi Nagar Circle, Nandini Layout, has been abandoned. It's crucial for the BBMP to take charge of maintaining and preserving this gym so that it can be used by the nearby residents.

Dug-up scenes
C Achukattu

The 7th cross (Chennammanakere Achukattu area) just opposite Karnataka Bank, has undergone digging for BWSSB work, and the repairs have not been addressed yet. Residents urge the authorities concerned to expedite the repairs to ensure the proper functionality of the CT bed.

Plea dismissed, put amenities site to use: HC to NGO

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TWEETS @BangaloreMIRROR

Civic amenities (CA) sites are supposed to be used for the purpose they are meant for. An organisation was once again reminded of this fact when the Karnataka High Court dismissed a writ petition filed by it for not utilising the site for the purpose it was allocated by Karnataka Housing Board around two decades ago.

The KHB had allotted a CA site at Yelahanka to Divyajyothi Vidya Kendra for Rs 60.2 lakh with a condition that the latter has to construct the school building within five years of allotment.

Bangalore Mirror had written about how the NGO was allotted a site in 2005 and till now, has managed to build just a few pillars on it. The KHB had served a notice to founder of the NGO, L Krishna Murthy on January 4, 2010, advising him to complete the construction work but the latter did not respond to the notice. Even the Comptroller and Auditor General of India's report for 2013 had pointed out that the CA site was lying unused five years after allotment.

The Single Bench of the High Court dismissed Divyajyothi Vidya Kendra's petition on July 4, 2023, stating that the writ petition is without merit. "Assistance on behalf of impleading applicant though was far more impressive than that of respondents No. 1 to 3, application for impleading under present circumstances is disposed of as unnecessary. Respondent KHB shall forthwith pass further orders determining quantum of forfeiture and refund remaining amount to petitioner as expeditiously as possible and in any case, within a period of four weeks from date of receipt of certified copy of this order," said Justice Ravi V Hosmani.

Court dismisses a writ petition filed by NGO for not utilising the site for the purpose it was allocated by Karnataka Housing Board in 2005

However, Divyajyothi Vidya Kendra filed a writ appeal in the High Court praying that the final order be set aside and the writ petition be allowed. Now a High Court Bench headed by Chief Justice Prasanna B Varale and Justice Krishna S Dixit too has dismissed the writ appeal last Tuesday. "There is one other important factor which we cannot leave unsaid: where the public property is allotted for a specified purpose and that purpose remains unaccomplished, the retention of such allotment militates against the public interest," the Bench said.

The Bench said the appeal being devoid of merits is liable to be and accordingly rejected. "Respondent-Board is to comply with the order concerning determination of quantum of forfeiture and refund of amount, as directed by the learned Single Judge in the impugned order in a time-bound manner. Appellant-Society is also directed to deliver the possession of the property in an 'as is where is' position to the Respondent-Board which should take back the possession within four weeks," the Bench said.

Vent out: Curtains on route linking Croma Road to ORR

As water vent used to get waterlogged each time it rains, Railways decides to completely stop motorists from using it

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TWEETS @BangaloreMIRROR

NOTICE
THIS IS A WATER WAY BRIDGE. TRAFFIC MOVEMENT IN THIS BRIDGE IS STRICTLY PROHIBITED TRESPASSERS WILL BE PROSECUTED AS PER THE RAILWAY ACT, PANISHABLE.
147
Police Notice
HAL Traffic Police Station
Railways has put up a clear notice near the Croma Road vent indicating that this is a waterway bridge and that traffic movement is not allowed through it

Owing to multiple complaints about waterlogging, the South Western Railways has permanently closed the Croma Road water vent. With the connecting route to ORR closed, residents have urged BBMP to expedite work on Panathur road underbridge.

Temporary provision to access the water vent under the Railway line next to Croma Road has been prohibited even during the dry season. Railways has installed a sign stating that 'This is a waterway bridge. Traffic movement on this bridge is strictly prohibited Trespassers will be prosecuted as per the Railway Act 147'. Additionally, HAL Traffic Police Station has erected a public notice asking commuters not to take the Croma service road as it has been closed due to waterlogging under the bridge. It also warns that commuters using the road will be responsible for their act.

A senior Railway official told BM, "The vent was created to allow water to flow. Earlier, the stretch used to be closed for vehicular traffic and it was opened at the request of local leaders. But whenever it rains and there is waterlogging, the blame is on the Railways. We have now decided to close the stretch permanently even on non-rainy days. We have erected big signages and blocked the entry for motorists."

Residents say that even without the prohibition, people have not been using the vent due to the waterlogging. Since the last rains, the vent has been stagnated and remains unusable.

"Croma Road vent has been inaccessible due to flooding. Waterlogging has not been cleared since the last rains. To commute from Balagere to ORR, this was the easier route. Panathur Road can only take a single lane of traffic at a time. The other option is to go through the Thubarahalli Extension Road. But, this is the most sensible route for commuters," said Rahul Roy, a resident of the area.

Residents say stringent measures to enforce lane discipline could help address the bottleneck at Panathur Road.

Many also wonder why officials chose a knee-jerk move without providing for alternate options. "This move is going to be disastrous for traffic. While Croma Road used to get waterlogged, it served some purpose in decongestion for traffic moving towards ORR. Officials must provide alternatives for commuters. The widening of the Balagere Cross has been in a limbo. With more people going to offices under hybrid mode, Panathur Road will be heavily congested. The Panthur RUB also gets waterlogged with 2-3 feet of water after every rain," said Jagadeesh Reddy of Varthur Rising.

He added that ORRCA should consider providing work-from-home options for residents living in the areas of Varthur, Gunjur Palya and Balagere. "Despite the lack of infrastructure, there is no moratorium on further construction.

> **Though Croma Road used to get waterlogged, it served some purpose in decongestion of traffic**
> –Jagadeesh Reddy, Varthur Rising

More and more high-rise apartment projects are being completed. Failing to provide quality infrastructure, the IT belt of the city will go towards other promising states like Hyderabad. Already school children are taking 1.5 hours to commute to school and with the added congestion, they might have to wait for another 45 minutes," he added.

The Panathur RUB that is expected to be a lifeline for the residents is yet to be completed. Work estimated to cost Rs 10 crore to construct two rail vents was started by BBMP in 2019. According to the Railways, work has been completed from their side and only the BBMP portion remains now. The project was delayed due to land acquisition involving 55-plus properties on the stretch.

IN BRIEF

Bar music row: 'Goons' appear

A woman has alleged that the police gave out information about her to "goons" after she complained about a bar next door to her house playing loud music.

The resident of Banashankari had complained multiple times to the police regarding the bar.

According to her, after complaining multiple times, the police assured her that they would look into the matter. The person claimed that the people from the club came to her apartment and started asking about her. The woman has taken to social media to allege, "Last time local police shared my details to the goon builder. We will live with late night loud music torture, but can't risk life." **BMB**

Man booked for torturing wife

Police have lodged an FIR against a man for allegedly forcing his wife to have physical relations with his friends in the city, police said on Monday.

The incident came to light after the woman lodged a police complaint in this regard.

Following a complaint by the wife, Amruthahalli police launched an investigation.

The wife had alleged that on refusing to give in to his demands, the accused had subjected her to mental and physical torture. **IANS**

Sudha Murty's name misused

The police have detained a 34-year-old priest for making fraudulent promises in the name of novelist, philanthropist, and former chairman of the Infosys Foundation Sudha Murty. Arun Kumar, the alleged offender, is accused of impersonating a member of Murty's staff in order to unlawfully collect funds for events in the USA. The suspects allegedly conned a group out of Rs 5 lakh. Arun Kumar, a resident of Rajajinagar, was detained as a result of a complaint made by Mamata Sanjay, Sudha Murty's executive assistant. **BMB**

BM NAVARANG 2023

Navarang with Bangalore Mirror

The second day of BM Navarang saw an enthusiastic response, with Bengalureans embracing the theme of white. Families and friends came together to display their white outfits stressing on the fact that Navarang is more than just a festival—it's a time to strengthen bonds, revel in festivities, and capture moments in photographs. With seven more days of Navarang remaining, other Bengalureans are encouraged not to miss the opportunity. Team up with your family and friends, and share your photos for BM Navarang.

Submit your group photos/selfies, along with names, addresses, and mobile numbers, to our WhatsApp line before 3 pm daily.

Our number is given below.

The best group photo stands a chance to be featured in BM-Navarang.

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Today's colour: RED

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Shamika and parents, Kengeri Upanagar

Navyashree, Nainikaa & Nachiket, Uttarahalli

Shwetha Sridhar, Jayanagar

Navami, HSR Layout

Latha and Krutika, Delta Forest Edge Apartment, Panduranga Nagar

Manisha, CV Raman Nagar

Inchara Music School, Vijaynagar

Ramaiah International Medical School, MSR Nagar

Priya & team, AG's Office

Suma Nagendra and friends, Girinagar

Deepu and friends, Kengeri Platinum Apartments

Department of Anatomy, ESI Medial College, Rajajinagar

Shobha and friends, Basaveshwarnagar

Unifab Garments, RR Nagar

HEALTH TIP: Irrespective of skin type, moisturising is important as moisturisers lock in the moisture and form a protective shield for your skin

Dark chocolate, of at least 70% cocoa content, has heart-health benefits. Its flavonoids help reduce inflammation

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NO SWEAT

All the reasons you might be having night sweats – and when to see a doctor

You've finished a workout, so you're hot and drenched with perspiration – but soon you begin to feel cool again. Later, it's a sweltering summer evening and you're finding it hard to sleep, so you kick off the covers.

Sweating is a normal part of the body's cooling system, helping to release heat and maintain optimal body temperature. But regularly waking up during the night, soaked through from excessive sweating is not.

Night sweats are repeated episodes of excessive or intense sweating at night. They are an unpleasant part of life for many people.

Many conditions and factors can trigger night sweats by changing the body's tightly regulated temperature set point, at which the body attempts to maintain its core temperature.

Some triggers are harmless (a hot bedroom) or even related to positive lifestyle changes (exercise). Others have an underlying cause like menopause, infection, disease or medication.

Temperature control and sweating

The hypothalamus, located in the brain, is part of the endocrine system and the temperature control centre for the body.

It contains temperature sensors that receive information from nerve cells (thermoreceptors) located centrally (in the organs) and peripherally in the skin.

Thermoreceptors detect changes in body temperature, sending signals back to the hypothalamus. These signals will either activate sweating to cool the body or shivering to warm the body.

Hormones and night sweats

Anyone, regardless of age or gender, can experience night sweats. But women experience night sweats more often than men, largely because menopause and associated changing hormone levels are a leading cause.

> **Night sweats are repeated episodes of excessive or intense sweating at night. They are an unpleasant part of life for many people**

Approximately 80 per cent of women experience hot flashes (also called hot flushes) or night sweats after menopause (when periods have ceased for 12 months) and during perimenopause (the time leading up to it).

While both hot flashes and night sweats produce a feeling of overheating, they are different experiences associated with menopause. Hot flashes occur during the day, are transient episodes of flushing and may involve sweating.

Night sweats occur at night and involve an intense period of sweating. Changing oestrogen levels are thought to impact norepinephrine and serotonin levels, two neurotransmitters that influence temperature regulation in the hypothalamus.

Hormones also influence night sweats in men, particularly those with low testosterone levels, known as hypogonadism. Around 38 per cent of men aged 45 years or older have low testosterone levels but it can affect men at any age.

Infections, disease and medications

When fighting infection, our body temperature often rises. This can stimulate sweating to cool and decrease body temperature.

Minor infections like the common cold can cause night sweats. They are also a symptom of serious infections such as human immunodeficiency virus (HIV) and diseases such as Hodgkin's and non-Hodgkin's lymphoma. However, night sweats are rarely the only symptom present.

Medications such as selective serotonin reuptake inhibitors (SSRIs), corticosteroids, thyroid hormone replacement and methadone can cause night sweats. These medications affect parts of the brain and neurotransmitters that control and stimulate sweating.

Regular alcohol (particularly alcohol dependence) and recreational drug use can also increase the risk of night sweats.

Stress, snoring and strenuous exercise

Night sweats are commonly reported by people with anxiety.

Psychological stress activates the body's fight or flight system releasing neurotransmitters that increase heart rate, respiration, and blood pressure. This causes the body to heat up, at which point it starts sweating to cool the body back down. Night sweats may also increase anxiety, causing more sweating which in turn leads to less sleep and more anxiety.

If anxiety causes night sweats and this causes distress, it's best to get up, move around and engage in a calming routine, preferably in a dark or dimly lit room.

Night sweats have similarly been connected with sleep disorders like obstructive sleep apnoea, where the airway is repeatedly blocked during sleep and there is loud snoring.

About one third of people with obstructive sleep apnoea regularly experience night sweats. The exact cause is undetermined but research shows it is linked with low blood oxygen levels (hypoxemia) and/or high blood pressure.

People can experience night sweats after high-intensity workouts. Vigorous exercise can stimulate the thyroid, increasing basal metabolic rate and body temperature for up to 14 hours post exercise. So night sweats can occur even after a vigorous morning workout.

Night sweats can indicate overtraining and/or under-fuelling. If not enough calories are consumed to support the increase in training, blood sugar could drop and you could experience hypoglycaemia, which can cause night sweats.

When to seek help and 5 things to try

There are numerous health conditions and medications that can cause night sweats and interfere with sleep.

If night sweats are regular, distressing, interfere with sleep or are accompanied by symptoms such as fatigue or weight loss (not related to lifestyle or diet changes) talk to a doctor to help determine the cause. They might suggest alternative medications to any you're taking or recommend tests or investigations.

In the meantime, you can try the following ideas:

- sleep in a cool room and use a fan if needed
- don't overdress for bed. Wear breathable cotton or linen pyjamas
- choose lightweight bedding you can kick off. Avoid synthetic fibres and flannel bedding
- consider a cooling mattress or pillow and avoid those (such as foam ones) that can limit airflow
- avoid spicy foods, caffeine or alcohol before bed.

(By Siobhan Banks and Linda Grosser, University of South Australia, The Conversation)

All you need to know about...

What women want

Long or short term?
Women prefer physical strength -- upper-body strength, specifically -- in short-term contexts, according to a study. The findings, published in Personal Relationships, showed that affiliative, or benevolent, humour is a more attractive trait for success at long-term relationships.

Priorities set
"Our data indicate that strength and humour are independent in their influence on women's preferences, though we continue to show that women prioritise men's strength in short-term relationships and affiliative humour in long-term contexts," said Mitch Brown, psychology instructor in the Fulbright College of Arts and Sciences at the University of Arkansas in the US.

Mating market
"These data provide evidence for how women navigate mating markets through various fitness cues." The research focuses on the use of evolutionary perspectives in understanding motives that shape social perceptions and interpersonal preferences. It shows how people prioritise physical features and behaviours.

A bit of this and that
Historically, reproductive success has been dependent on the identification of a mate with physical and psychological traits that satisfy reproductive goals. The ideal has been to select a mate who is both physically attractive and possesses positive behavioural attributes. However, the improbability of finding this mate has necessitated prioritisation of one set of traits over another.

Individuality kicks in
The researchers found no interactive effects between physical strength and humour. This means, strength and humour operated independently in their influence on women's preferences. —IANS

SC issues notice to DKS on CBI plea in assets case

The Supreme Court on Monday issued notice to Karnataka Deputy Chief Minister DK Shivakumar on CBI appeal against Karnataka High Court interim order staying proceedings in a disproportionate assets case against Congress leader.

A bench of Justices Aniruddha Bose and Bela M Trivedi issued notice and posted the matter for further hearing on November 7.

CBI has filed an appeal against the Karnataka High Court order dated June 12 and sought to stay on the investigation in the disproportionate assets case. Additional Solicitor General SV Raju, appearing for CBI, urged the bench to vacate the stay.

CBI is probing a case against Shivakumar for allegedly possessing assets disproportionate to his known sources of income. Earlier Income Tax has conducted a search against him.

In 2017, the Income Tax Department raide DK Shivakumar, leading to an investigation by the Enforcement Directorate. The CBI later sought permission from the state government to file an FIR against him based on the findings of the ED probe.

On September 25, 2019, the sanction was granted, and on October 3, 2020, Shivakumar was charged by the CBI under the Prevention of Corruption Act. **–ANI**

Let's get some traffic from ORR off the road!

Rlys urged to start MEMU trains during peak hours for ORR commuters

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MEMU trains can be a good option, till other modes open up

Traffic congestion on Outer Ring Road is a regular feature since all commute is presently road-centric only. While the BMRCL's ORR metro line is seen to be a game changer, it will still take a couple of years for completion. To mitigate the situation, the Citizens For Citizens (C4C) has proposed a stop-gap plan to initiate MEMU train services from Bengaluru Cantonment railway station to Heelalige, which could benefit hundreds of commuters using the ORR.

Rajkumar Dugar, Convenor and Founder of C4C, has written to the South Western Railway (SWR) officials about the idea of starting MEMU services twice a day, during peak times in the morning and evening, to benefit the commuters.

Currently, there are long-distance trains along the track to Hosur which cuts across ORR. Since four new platforms at Cantonment railway station are almost ready, and the quadrupling from Cantonment to Whitefield is in progress, the requested MEMU services would be of significant help.

There is already a 9.7-km track doubling project targeted between Baiyyappanahalli to Bellandur Road, scheduled for completion by September 2024. Additionally, a 3.5-km track doubling project from Bellandur Road to Carmelaram is targeted for completion in March 2024. The 10-km track doubling commission from Heelalige to Carmelaram has already been commissioned in February 2023. Furthermore, a 10-km track doubling project is planned for completion by December 2024 between Heelalige and Anekal.

Dugar highlighted that this is partly a single-track route; but, with the track doubling taking place, more trains can be added to benefit ORR commuters. If MEMU services are started on this single track, people from ORR can use it to board a train at ORR and reach nearby stations like Carmelram, Heelalige, or even Baiyyappanahalli, Bangalore East and Cantonment and also in the reverse direction.

From ORR to Bellandur Road railway station, a BMTC feeder bus should be introduced. Along ORR, new up/down BMTC Bus Services are already in place. The distance from ORR to the Bellandur railway station is hardly 1.5 km. Commuters can then access the Bellandur railway station and use the MEMUs to reach the nearest station. The idea is to run dedicated MEMUs from Cantonment to Heelalige stopping at all intermediate stations at suitable timings in the morning and evening. Once the tracks are doubled, the services can be increased further.

Feeder bus

He pointed out that if such a service is initiated, the BMTC can provide feeder buses.

"We can request the BMTC to run feeder services between railway stations on the BYPL-HLE route to the Outer Ring Road, once the train services are announced. Right now, the ORR metro line is said to take another 2 to 3 years to be completed. Until then, people will continue to use their own private vehicles, which will exacerbate the problem of congestion. This is low-hanging fruit and must be leveraged. We urge all stakeholders including ORRCA, SWR, KRIDE, BMTC, BTP, etc. to discuss and implement reliable and punctual services on high priority," he said.

He added that once the KRIDE suburban rail project corridor from Heelalige is commissioned, the services from SWR may be withdrawn. "This will function as a temporary project or a stopgap necessity for about three years until the metro project or suburban rail project is completed. Until then, people can benefit with an economic, environment-friendly, safe, comfortable and fast option of multi-modal Public Transport," Dugar asserted.

Govt to acquire land for 'elephant corridor'

CONTINUED FROM PAGE 1

While it may sound strange to Bengalureans that there is an elephant corridor around the city, frequent elephant sightings indicate that the concrete jungle has encroached upon the real jungle, putting wild animals at risk. These incidents have pressurised the forest department to take up the initiative to create a secure elephant corridor around Bengaluru.

Some time ago, the Bengaluru district administration completed a survey of elephant corridors in the city, including the surrounding areas of Bannerghatta National Park, aimed to clear illegal encroachments and develop an elephant corridor.

A senior official said, "we conducted a survey in Shivanahalli village, survey number 69, covering 1,000 acres around Bannerghatta National Park. The survey map has been submitted to the deputy conservator of forests. The forest department must now decide on the best ways to protect the elephants. Shivanahalli, a revenue village, cannot be evicted, and the forest department must decide on the next course of action. Efforts are being made to free encroachments, especially agricultural ones. An eco-sensitive zone within a 1-km radius of the elephant corridor has been identified, with restrictions on certain activities. Noise pollution in the area has been controlled, and there are plans to restrict vehicle movement at night, similar to Bandipur and Nagarahole. Alternatives for commuters need to be identified, and if vehicle movement can't be restricted at night, measures like signboards and speed breakers will be considered. Government lands are being repurposed for colleges, hostels, waste processing units, and other utilities."

Various organisations have demanded the completion of the survey for the 1,000 acres of the elephant corridor and the release of 232 acres of land to the forest department. Green activists stress the importance of protecting Bannerghatta, one of the nearest jungles to the city. They stress the significance of the corridor for the safe movement of animals without causing environmental damage. Developing the surrounding areas of the elephant corridor is deemed essential to support elephants and other animals. It is reported that around 3,000 farmers in and around Sakleshpur have expressed willingness to sell their land for creating an elephant corridor. Forest officials consider this a welcome move that should be replicated elsewhere.

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CHANGE OF NAME

I, Arun Kumar Bangalore Virupaksha Aged About 51 Years F/o Vihaan Arun Kumar Aradhya Residing At No.231, Samruddhi, 1st Floor, 8th Main, Rajiv Gandhi Nagar, Nandini Layout, Bengaluru - 560096 wish to state that my son's name is incorrectly printed as Vihaan Arya Arun Kumar in his passport. It has to be corrected to Vihaan Arun Kumar Aradhya as per his aadhaar card and study certificate vide affidavit dtd:11/10/2023 sworn before notary Uday Kumar K, B'luru

I, Leedial Regina D/O, Late Sub. Dorairaj @ Paul DoraiRaj, W/O, Late Leon Davey @ Leon John Edwin Davey, R/o #77 2nd C Main Rd., Bhoopsandra New Ext., Sanjaynagar, Bangalore 560094, have changed my name to Lydia Regina Davey for all purposes.

I, Gouly Mohammad Amjadulla Khan, S/O Jafrulla Khan, No.38, 5th Cross, 5th Main Road, Rahmathnagar, R.T. Nagar, Bengaluru-560032. aged 39 years changed my name from Gouly Mohammad Amjadulla Khan to Amjad Khan

I, Shaik Nasimuddin Babu R/o SVS Palms-1 Flat No.A-111, Chinnappanahalli, Marathah - alli B'lore-560037 have changed my minor son's name from Ayaanuddin Muhammad Shaik to Muhammad Ayaanuddin.

I, Jagannath Sanjeevi Rao R/o Flat No O-051 Bearys Lakeside Habitat Kodigehalli B'lore-92 Changed My Minor Child's Name From Kimaya Allias Omika Rao to Omika Rao for All Future Purposes

I, khamrunnisa W/O Hasan Shariff Address # 1/4-6 Rajanna layout RBI extension, 4th cross 3rd Block East Jayanagar Bangalore-560011 I have changed my name to khamrunnisa Bareed

I ,Uzma Abdul Ahad Khan, D/o Abdul Ahad Khan, Mr Shine Woods, Doddakamanhalli, Banglore, Karnataka-560083. Age 29 Yrs Changed My Name From Uzma Qais Shaikh To Uzma Abdul Ahad Khan.

I, Shaik Sabira Jasmine W/o Nasimuddin Babu Shaik R/o SVS Palms-1 Flat No.A-111, Chinnappanahalli, Marathah - alli B'lore-560037 have changed my name to Sabira Jasmine.

I, Pawan Kumar R/o FLAT 1D1 1ST FLOOR MALNAD REGENCY MALLESHPALYA NEW THIPPSANDRA, BENGALURU, PIN: 560075 have changed my minor son's name from Praney to Praney Lakhera.

I, Harshit S/o Mahaveer Kumar J R/o Ward No-02 , Mahaveer Road Old Bazaar , Sindhanur Raichur-584128 have changed my name to Harshit Jain for all Purposes.

I, Muralidhara Shrinivasa Shanbhogue S/o, Shrinivasa Shanbhogue R/o #504, Tower 1, Salarpuria Sattava Anugraha, no 8/1, 1st Main Rd,B'luru 560079 have Changed My Name to Muralidhara Srinivasa Shanbhogue for All Purposes.

I Elizah Kumar S/O, Samuel John R/o N0-17,5th A Cross,sharadambanagar,jalahalli,bengaluru-560013 have changed my name to Elizah Kumar Samuel.

I Akshay Nitin Shah R/o #10, 1st A Main Road, Koramangala 7th Block, Bengaluru-560095 have changed my name to Akshay Shah.

I, Parshuram Gumaste S/O, Shrinivasrao Gumaste R/o J.p.nagar have changed my name to Parshuram S Gumaste for all purposes.

I, Ajaya Hosahalli Gopal S/o Gopal R/o #13, Hosahalli, Gollarapalya, Vishwaneedam Post,B'luru 560091 have changed my name to Ajay Hosahalli Gopal for all purposes.

I, Pawan Kumar R/o FLAT 1D1 1ST FLOOR MALNAD REGENCY MALLESHPALYA NEW THIPPSANDRA, BENGALURU, PIN: 560075 have changed my minor daughter's name from Khushi to Khushi Lakhera.

I, Vaidehi Gumaste W/O, Parshuram S Gumaste R/o J.p.nagar have changed my name to Vaidehi P Gumaste for all purposes.

LOST & FOUND

LOST: I, K R A Bhat residing at No.513, 5th Cross, Mahalakshmi Layout, Bangalore-560086 have lost my original Sale deed dated 18.01.2006, executed by MUDA in favor's of A Ramaraj, as document No. MYS-1-12909-2005-06, in the office of the Sub-Registrar MUDA, Mysore, Approval letter bearing Reg No.293 OYHS LPV/-, Original Possession Certificate Bearing Reg No. Page No. 70/book 104, Original Uttara Pathra Bearing Reg No.1341 page No.39 Book-6, have lost while traveling, regarding this we lodged a police complaint FIR No. 0761 504/2023, If anybody found pls contact 9886681325 or handover to the dear by police station.

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Stand with Palestine: Cops detain about 30 activists

Citizens gather near MG Road Metro station to spread awareness about what is going on in Gaza

KAUSHIK JN

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Hundreds of citizens and activists of Bengaluru gathered at the MG Road Metro station on Monday, in a bid to spread awareness regarding Palestine.

Over 30 activists, including Vinay Sreenivasa and Clifton D' Rozario, were soon detained by the police at Cubbon Park and Ashok Nagar police stations while others were told to disperse and not accumulate in front of the metro station to form a human chain, despite volunteers making way for the movement of pedestrians and vehicles on either sides of the gathering. It is to be noted that it is illegal to protest anywhere but in the premises of Freedom Park in the city after passing of the Licensing and Regulation of Protests, Demonstrations and Protest Marches (Bengaluru City) Order in 2022.

Aratrika from the All India Students' Association (AISA), a student association present at the protest, said, "As we have been seeing for the past week, Gaza is being carpet-bombed by Israel with thousands of people dying in their homes, people all over the world are coming out in solidarity with Palestine. The Bangalore event was supposed to be one such display of solidarity. However, police cracked down on the event by detaining many activists. Still some 1,000 people gathered demanding justice for the Palestinians." She stressed that the government must undo the order restricting protests to Freedom Park as it is "anti-people".

Rida Khan and Huda Mohsina present at the gathering told Bangalore Mirror the programme was necessary to be held as misinformation regarding the ongoing situation is widespread. "One of the biggest examples is the claim of 40 babies being beheaded by Palestinians. There is no evidence to prove this allegation, yet it is making rounds. Misinformation needs to be debunked and it is the duty of every responsible citizen," they said.

Shaheen Shasa, who advocates for public transport, and Madhu Bhushan, known for her women rights activism, were also present at the gathering and said that it had to take place in a "decentralised manner" due to police intervention. "We walked around the surrounding areas of the MG Road metro station and had conversations with people. They were those who argued and those who tagged along with us to spread the word. This was the point of the gathering, to converse and have people be part of the peacemaking, the sign of a true democracy," said Madhu Bhushan. Shaheen said that they also held poetry reading and distributed pamphlets and the cops were quite cooperative if the crowd did not gather in a single area. Poorna Ravishankar, a lawyer with the Alternative Law Forum (ALF), said the cops took away placards and pamphlets that were to be distributed.

High time to rewrite fireworks rules

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Following the tragedy in which 16 people lost their lives due to a cracker godown in Attibele, the government has decided to review the guidelines of storage of crackers.

Police sources inform that the reason why the Attibele tragedy occurred was because the storehouse owners hadn't followed proper precautions like electrical safety, exit routes, fire extinguisher, and didn't consider the exposure of crackers to the sunlight.

In the circular and guidelines obtained by BM, some of the existent rules related to storage and sale of crackers are mentioned. These pertain to issues such as where the establishment should be located, and layout of the storage like the placement of ventilators.

However, a well-placed police official said even these guidelines need revision as rules regarding storage, usage of crackers, concerns with the old type of crackers and the areas designated were also generally less populous.

Now the factories are huge and more explosive materials are stored, a greater number of people are employed and also the such factories are in residential areas.

"With time, the population of the city is increasing. Earlier the areas near these godowns were not populated, but now there are residential areas everywhere. The new circular should see that the factories and godowns are shifted on the outskirts of the city," said the police.

He added that there is a change in nature of the fireworks and there is a need for updated safety measures.

"The explosives that will be used in 2023, were not being used 10 years ago. Now it's far more dangerous and has the capacity to harm more people.

There are explosives that might need something more than water to extinguish. Hence, there is a need to update equipment as well," said the official. He said that there is also a need for practical enforcement where the circular and the guidelines state that which officer is designated to check the godowns every now and then.

"This increases accountability. If the rules clearly state that there is a designated officer who is supposed to be making rounds and checking every month, if something goes wrong, we will have someone to hold accountable," added the officer.

Not with BJP, party not Deve Gowda's family property, says JD(S) chief

In a big setback to the BJP and JD(S) alliance in Karnataka, JD(S) State President CM Ibrahim has declared support for the ruling Congress party. He also claimed that the JD(S) party is not the property of former Prime Minister HD Deve Gowda's family.

Speaking at the Chitana-Manthana programme called to discuss future steps in the backdrop of the decision taken on the JD(S) and BJP alliance without keeping him in the loop, Ibrahim proclaimed that he is the president of the party. "I can't be sacked. The JD(S) is not a family's property," he maintained.

"I request Deve Gowda not to give the wrong message. You went on to become the Prime Minister because of secular ideology," he stated.

The JD(S) party has a secular ideology. BJP's ideology is different. The NDA should be defeated in the Lok Sabha elections. "We will support the Congress. The original JD(S) party belongs to us. You can't snatch the post of party president from me. How did former chief minister HD Kumaraswamy win from the Channapatna seat? After Kumaraswamy became MLA, he was called by Union Home Minister Amit Shah," he charged.

Ibrahim further stated, "If Muslims had not voted for him, he was supposed to sit at home as he would have been defeated.

I won't target Kumaraswamy personally. There is still time. We are not going with the BJP. We will form a core committee. I will contact all JD(S) MLAs. The party does not belong to a family. I will discuss the matter with all the representatives. The opinion of all party workers is important."

He maintained that there is no personal enmity for him against Prime Minister Narendra Modi and Amit Shah. The ideologies are different and he is opposed to this background. "I will take a call on how to go about in future.

You have been betrayed by your own people. We are in our house. What will happen in the future will be shown on the silver screen. I am not scared and I will also not issue threats," Ibrahim stated.

"During my tenure as the party president in 1995, I ensured the win of 16 JD(S) MPs and Deve Gowda went on to become the PM. Today a big message has to go to the nation," Ibrahim maintained.

"The party is not the property of a family. The opinion of all concerned is important. The MLAs are in touch with me. The pros and cons will be discussed in the core committee meeting," he said. **–IANS**

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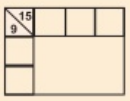
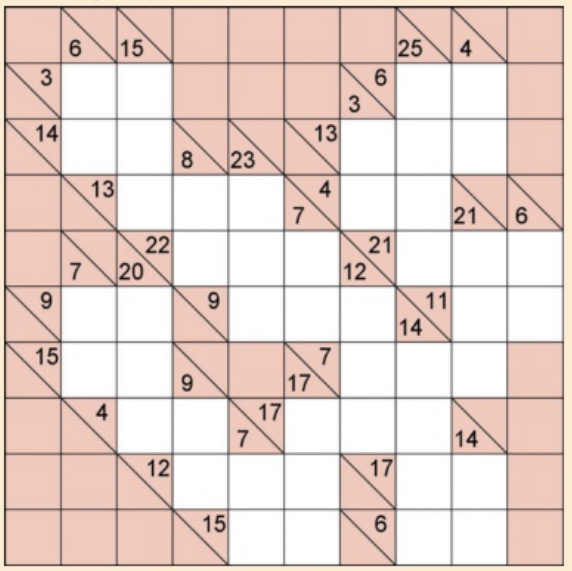
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

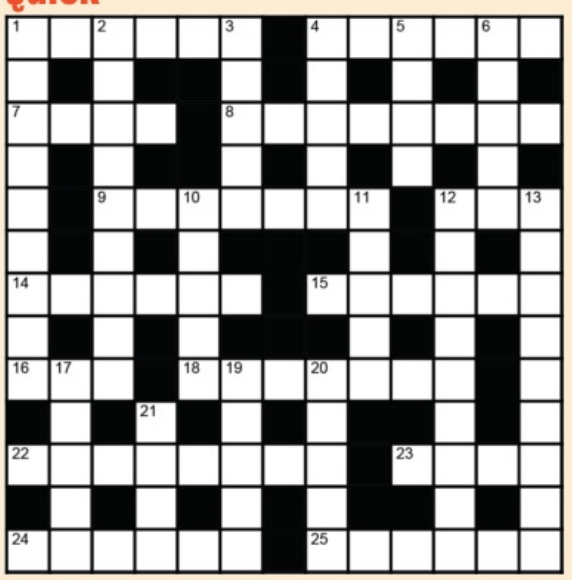


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Engine part (6)
4 Minor error, mishap (6)
7 Not excited (4)
8 First rate, colloquially speaking? (3-5)
9 Conspire for illegal gains (7)
12 Small seed (3)
14 Lauds or praises to the skies (6)
15 Asian river–"rigs it" anagram (6)
16 Sea, in French (3)
18 Vary cue anagram for a South Indian river (7)
22 Means (8)
23 Big wild cat (4)
24 Lacking cordiality (6)
25 Drying cloths (6)

DOWN

1 Elephant or rhinoceros (9)
2 Lawyer (9)
3 Pertaining to birth (5)
4 Stood in awe (5)
5 Object of worship (4)
6 Prickly desert plants? (5)
10 Fragrant shrub (5)
11 Banishment (5)
12 Political group policy (5,4)
13 Defers (9)
17 Young eel (5)
19 Furious (5)
20 Call on (5)
21 Greek god of love (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: F EQUALS G

NTHPH CPH NJG JCLZ GA ZWPHCQMRF IMFTN: NG EH NTH VCRQIH GP NTH KMPPGP NTCN PHAIHVNZ MN.

Linemaro

I find you very relevant

Mindchow

Always do sober what you had said you would do while drunk. That will teach you to keep your mouth shut

Joke of the day

Materialism: Buying things we don't need with money we don't have to impress people who don't matter

Loop

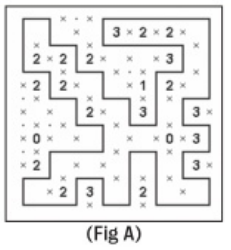
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

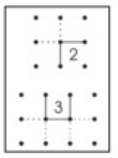
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

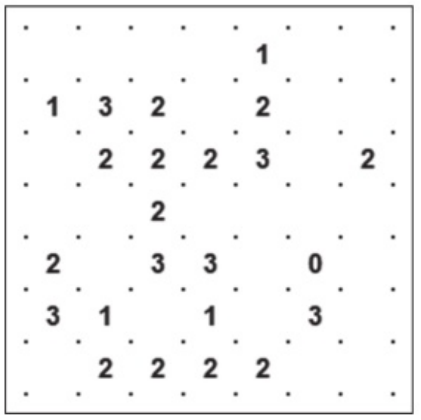
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



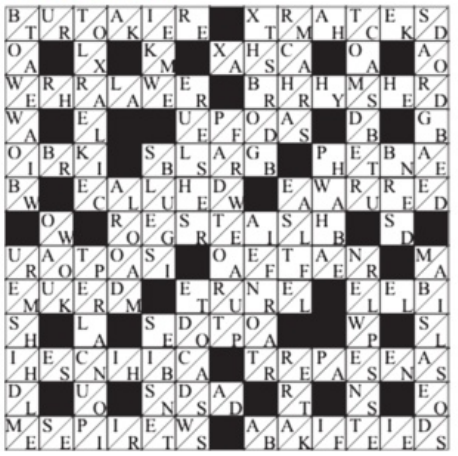
(Fig A)



(Fig B) Not Allowed



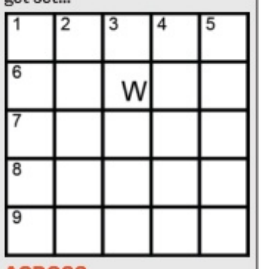
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

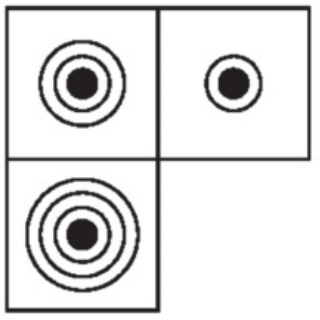
1 A sect; 6 He dew;
7 Cig in; 8 Risen;
9 Gaped

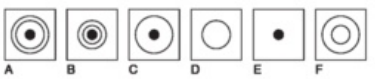
DOWN

1 HC Rip; 2 Ace I a;
3 Wings; 4 Teens;
5 Ed deg

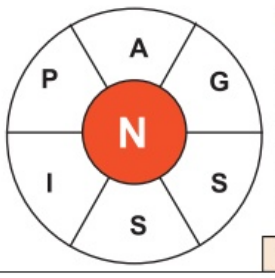
Mensapuzzle

Which is the missing tile?





Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

11 Average; **13** Good; **15** Outstanding

SudokuChallenge

	6						7	
		2	6		1	9		
8			2		9			4
3		8		6		4		7
7		5		9		1		3
1			9		2			8
		3	7		6	5		
	7						9	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

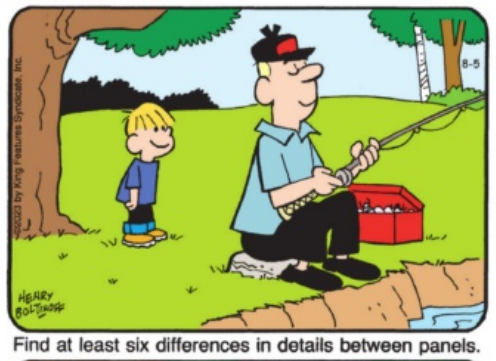
Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 17
2 3 4 8

Medium = 16
3 5 9 9

Hard = 7
1 5 7 5

Hocusfocus



Find at least six differences in details between panels.

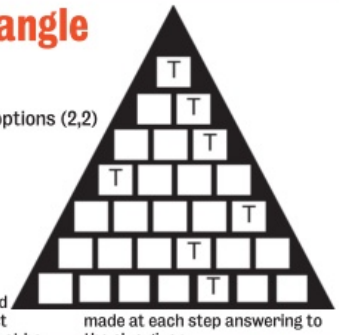
Differences: 1. Foot is moved. 2. Boy is taller. 3. Tree trunk is thinner. 4. Tree is added. 5. Cap is larger. 6. Mountain is added.

Riddler

Crack the code to find three chemical elements: VSDRSEW, ZRYCZRYBEC, WKQXOCSEW. (Hint: Code is sequential i.e. if you think A = G then it will follow that B = H, C = I, and so on)

Alpha triangle

1 20th letter
2 ___tu Brute ...
3 Gamble
4 One of Hamlet's options (2,2)
5 Sired
6 Halluz (3,3)
7 Prejudiced



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

DARN! MY CANOE IS FULL OF RAINWATER!
I'LL BE BACK IN AN HOUR. DO SOMETHING ABOUT GETTING IT OUT!
OKAY
7-22
WELL, I GUESS BORING A DRAIN HOLE WASN'T THE ANSWER

Bizarrotrip

SUBAQUATIC GOSSIP
I hear that Ed's a five-fisted drinker.
Wayno & Piraro 8-5-23
©2023 BIZARRO STUDIOS BIZARRO.COM
Dist. by King Features

Diamond Lil

HEY, SID, CAN YOU MAKE A GIN FUZZ?
WHAT'S A GIN FUZZ?
IT'S A GIN FIZZ WITH DRYER LINT IN IT
©2023 creators.com 8/5
www.creators.com
Bartkett

Hart of the city

BRENT, YOU CAN'T JUST TELL ME YOU'RE PICKING ME UP AT SEVEN. YOU HAVE TO ASK ME TO THE DANCE!
DEAN TOLD ME YOU LIKED CONFIDENCE! I'M NEVER LISTENING TO DEAN AGAIN.
THAT'S FOR THE BEST.
HART OF THE CITY © 2023 ANDREWS MCMEEL
@OCOMICS.COM/JIMHARTOFTHECITY

Crankshaft

I SHOULDN'T HAVE BROUGHT PAM HERE... SHE DOESN'T KNOW ANYTHING ABOUT COMICS.
I BROUGHT SOME CHOCOLATE CHIP COOKIES FOR YOU AND YOUR STAFF!
FORGET HIM... YOU CAN COME HERE ANYTIME.
BATIUK & DAVIS tombatiuk.com/books
8-3

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may use your creativity in your office or at home, which may enhance your social status. You may be able to control your expenditure on worthless things, which may increase your savings. Lovebirds are likely to get some support from their family members for marriage. Students may hear good news in terms of academics.

Taurus Apr 21 – May 20
Today, you may be relaxed after a messy situation. Your inner strength may help you implement some difficult decisions in your parental business, which may grow your business. You may help needy people around you, which may increase your social respect. Students will be able to be clear in choosing their career options.

Gemini May 21 – Jun 21
Today you may feel dull, and your health may not be good. You may also have anxiety and restlessness. You are advised to postpone your important investments in business or real estate. You are advised to avoid rash driving. You should avoid long-distance travel as well. You may do some meditation; it will be helpful for sound sleep.

Cancer Jun 22 – July 23
Today, blessings from elders' may make you happy, and your investments may give you profits. Losses are now converted into profits. Your savings may boost your bank balance. You may plan to invest in your kid's future as well. You may also enjoy some delicious food at home. Your problems related to the throat, teeth, ear, or nose may be resolved now.

Leo Jul 24 – Aug 23
Today, you may enjoy work, and you may get some promotion after your hard work. You are likely to help some needy people, and your social respect may increase now. Overworking your mind may make you tired, and due to the workload, you may not be able to reach some family get-togethers. Your parents' health may recover.

Virgo Aug 24 – Sep 23
Today, projects that were stopped without reason may start automatically. You may be satisfied at work. You may plan for a short work-related trip. You may also visit some religious places to maintain your internal strength. Your elders may show you the right path, which may show you the right path to achieve your goals.

Libra Sep 24 – Oct 22
Today, you may feel dull, and you may also face health issues. It is advised to keep your mind cool. Read the documents carefully before signing them. You may face difficulty recovering your money. You are also advised to avoid going on an adventure tour. Students are advised to go for in-depth study to achieve success. You may be attracted by the occult as well.

Scorpio Oct 23 – Nov 22
Today, you may be busy at home. You may buy some artefacts or creative stuff to renovate your house, which may increase your social status. You may also invest in properties and other fixed assets. You are likely to enjoy your romantic moments with your spouse, which may increase your emotional relationship. Singles may hear good news in terms of marriage.

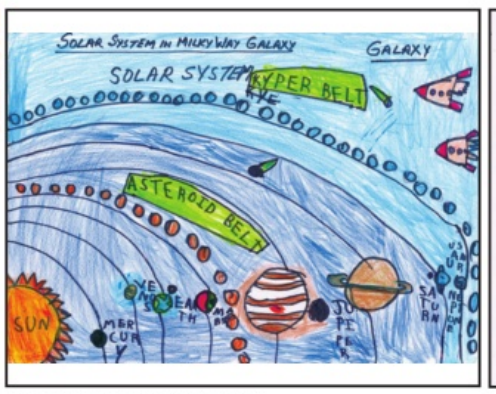
Sagittarius Nov 23 – Dec 22
Today, you may feel happy. Old health issues related to elders may be cured. Money that was stuck may be recovered now, which may boost your financial health. People who are in their job may change their job to seek a promotion. Job seekers may get a job with the help of any friend's reference.

Capricorn Dec 23 – Jan 20
Today, you may prefer gaining knowledge; you may understand the value of intellectual assets. Sometimes you may control your short temper, which may help you perform your task smoothly. There may be some chances for smooth earnings, which may give you comfort in the work flow. You are advised to be careful before making new investments in assets.

Aquarius Jan 21 – Feb 19
Today, you may feel dull. You may not be able to enjoy the moment. You may be in a hurry to complete the task given to you. You may make silly mistakes. Your working efficiency may slow down, which may affect your day-to-day work. Your projects are likely to be delayed, which may affect your professional life. Before taking any important decision, you are advised to take advice from your elders.

Pisces Feb 20 – Mar 20
Today, you may be energetic or more focused, which may speed up your current task. Your subordinates may help you start a new project, which may give you profit in the near future. You may expect some short trips related to your family issues. Job seekers may hear good news in terms of jobs.

KIDZONE



Rudhav R, 6 years, Presidency School

Dhanush Pallavi, 12 years, Ichcha Public School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
3/6×9(7)−6
½×9(7)−6
⅘(7)−6
⅔− ½
5½ = 25½

RIDDLER
Lithium, phosphorus, magnesium ((A becomes Q, B becomes R,...)

FAST FIVE

C	A	S	T	E
I	N	S	E	T
I	C	I	N	G
H	E	W	E	D
P	A	G	E	D

QUOTE UNCODE
There are two ways of spreading light: to be the candle or the mirror that reflects it.

STRIKE OUT

B	R	O	K	E	R	T	R	A	C	E	D			
O		X		K		A	H	A		A		O		
W	H	A	L	E	R		R	H	Y	M	E	D		
O	B	I		B	L	A	B		H	E	B	E		
W		L		U	F	O	S		B		G			
W		C	L	U	E	D		E	A	R	E	D		
O	B	I		B	L	A	B		H	E	B	E		
E	S	P	I	E	S		B	A	I	T	E	D		

QUICK

F	R	O	S	T	Y		T	O	W	E	L	S		
	E		O		R		I		N		E			
A	V	E	R	A	G	E	S		L	I	O	N		
	L		E		N		I			L		O		
M	E	R		C	A	U	V	E	R	Y		P		
	R		O			A		O		L		T		
E	X	T	O	L	S		T	I	G	R	I	S		
D		I		I		X		A		A		O		
Y		C	O	L	L	U	D	E		P	I	P		
H		I		A		E		L		T				
C	A	L	M		T	O	P	N	O	T	C	H		
A		O		A		D		A						
P	I	S	T	O	N		G	L	I	T	C	H		

MENSA PUZZLE
B: looking across an outer circle is removed, looking down an outer circle is added

BULL'S EYE
apning, assign, gain, pain, pang, PASSING, ping, sang, sign, sing, snag, snap, snip, span, spin

SUDOKU

5	6	9	4	8	3	2	7	1
4	3	2	6	7	1	9	8	5
8	1	7	2	5	9	6	3	4
3	9	8	1	6	5	4	2	7
1	5	6	9	3	2	7	4	8
7	2	5	8	9	4	1	6	3
6	4	1	3	2	7	8	5	9
9	8	3	7	4	6	5	1	2
2	7	4	5	1	8	3	9	6

ALPHA TRIANGLE
T, Et, Bet, To be, Begot, Big toe, Bigoted.

GO FIGURE
Easy
8 + 4 + 2 + 3 = 17
Medium
9 + 9 − 5 + 3 = 16
Hard
5 + 7 x 1 − 5 = 7

LOOP

KAKURO

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Protein-rich diet— Hollywood star Chris Hemsworth's private chef Sergio Perera has explained how the actor adjusts his meals to suit each project that he works on. "Obviously the guy is a big boy, requires a lot of protein for the body he has," he said

SANDALWOOD SHOTS

Y MAHESWARA REDDY

Fam jam

Srinidhi Bengaluru is excited about the completion of his movie Blink. The second song of the movie was released at a function held at SRV Theater, Malleswaram, recently.

"I got the idea to direct a film during the lockdown when I was watching a lot of movies. I am basically from theater and have acted in some plays organised by Aneka. I worked as associate director for one Kannada movie," said Srinidhi.

It is said that Blink revolves around middle-class families and what happens to them when unexpected incidents take place.

Actor Deekshith Shetty, who plays the lead, said this film does not belong to any particular genre. "It is a mix of all genres including science fiction. It highlights the importance of love and relationships for human beings," he said.

Blink has actors such as Vajradhan Jain, Suresh Angalli, Chaitra J Achar and Mandara Battarahalli.

Trust issues

Shashidhar Reddy, who hails from Kavali in Nellore of Andhra Pradesh and resides in Whitefield, has a reason to be proud. Shashidhar, who is basically a software engineer, managed to realise his long-cherished dream of directing a movie with Soshite.

"Directors K Balachandar, Mani Ratnam, and Ram Gopal Varma are my inspiration. I have already directed short movies. I learnt Kannada to direct Soshite. The Regional Censor Board members have appreciated the movie and given it a U certificate without recommending any cuts," said Shashidhar Reddy.

He claimed the movie is based on a real incident that took place in Kavali in 2015. "The incident is the inspiration for me. It is about how a middle-class girl trusts her friend and loses her jewellery. The movie highlights the precautions to be taken in money-related matters," he said.

His better half Sirisha Alla, a software engineer, has bankrolled the movie. The movie's trailer was released at SRV Theatre recently. Dr Janvi Rayala plays a key role while Roopa Rayappa of KGF fame plays the villain. Soshite has been selected for some film festivals.

the DO write thing

Ranbir Kapoor reveals wife Alia writes to daughter daily

Ranbir Kapoor who is currently making the most of his newfound fatherhood, recently revealed that his wife writes emails to their daughter Raha every day. The actor added that he too has plans of writing to her. In a new interaction with a German pen brand, Ranbir shared that his wife Alia is writing their daughter Raha an email every day and he too is planning on writing some extraordinary letters to her.

He also revealed that he wrote lots of love letters in his younger days, and finds it nice to look at the love letters that his parents, grandparents wrote to each other. Recalling his school days, Ranbir also mentioned that he was quite skilled at copying others' work, and he often did so without getting caught. He also shared an incident from his school days when he was caught crawling out of his 8th-grade classroom while the class was still in progress. He shared that the principal came and stood in front of him and he received the most intense punishment of his life. According to him, the principal gave him a hard smack, and he can still hear the sound of that slap in his ears.

"Inspired by wife, actor too plans to get down to writing letters to his daughter"

Ranbir and Alia got married in an intimate wedding ceremony in April 2022 with just their close friends and family in attendance. They welcomed their daughter Raha the same year.

—ETimes

THE WOW EFFECT

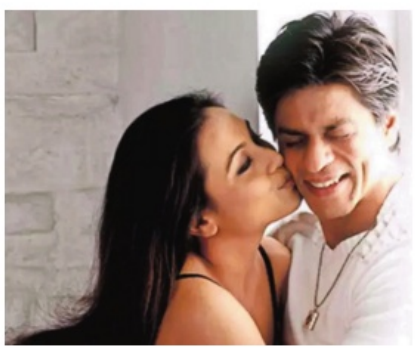
The makers of 'Singham Again' treated the fans with the first look of Deepika Padukone as Shakti Shetty aka Lady Singham on the special occasion of Navratri. Her menacing look has been garnering immense love and appreciation from all sides. Kiara Advani is the latest one to join the bandwagon of celebrities showering praise on Deepika's fiery look from the Rohit Shety directorial.

Sharing one of the posters of her first look, Kiara wrote, 'Woah', followed by fire emojis.

Apart from Kiara, several celebs took to their social media handles to share their reactions. Alia Bhatt took to the comment section to drop a bunch of fire emoji, signifying that the poster was indeed 'lit'. Adding to that, Janhvi Kapoor too reacted with the same emoji along with a handful of other emoticons like 'high 10' and 'wow'.

—ETimes

'I don't think anyone can do romance like SRK'



Actress Rani Mukerji, who celebrated 25 years of her cult movie 'Kuch Kuch Hota Hai', shared that her co-star Shah Rukh Khan has taught her to romance. She also revealed that she was nervous about the audience accepting Rahul (SRK) falling in love with her character Tina. Rani attended the special screening of the movie, along with director Karan Johar and SRK.

Talking about SRK, the 'Chalte Chalte' fame actress said: "SRK taught me how to romance. So when SRK says let the young people do the romance, I don't think anyone can do the romance like him."

She further said: "I started doing the films when I was 17 years old, and it just feels amazing that I have a daughter who is going to turn eight in December. So it's exactly like how my daughter was in this film." Rani referred to Sana Saeed, who played Anjali Khanna in the romantic drama. Anjali Khanna isthe daughter of Tina and Rahul.

The actress thanked fans for showering love on her character. She said: "Thank you so much for loving Tina. I was a newcomer, SRK and Kajol had already done 'Dilwale Dulhania Le Jayenge' (DDLJ), they were the iconic pair."

— IANS

Who's Bond?

Actor Aaron Taylor-Johnson is a hot favourite to take on the role of the MI6 spy, James Bond. It has already been over two years since the last 'James Bond' film was released.

Aaron broke into the mainstream with the rom-com film 'Angus, Thongs and Perfect Snogging' before going on to play action roles in violent comic book flick 'Kick Ass' and later played Quicksilver in the Marvel film 'Avengers: Age of Ultron', reports Mirror.co.uk.

This year he was due to play adventurer Sergei Kravinoff in the Marvel film 'Kraven the Hunter', but the film release has been delayed until August 2024.

Reports have suggested Aaron will soon be announced as the next Bond – while 'Oppenheimer' and 'Batman Begins' director Christopher Nolan is hotly tipped to direct the next film in the series.

An insider told the MailOnline: "Aaron Taylor-Johnson is currently the hot favourite to step into the iconic role, he's the first choice for (Bond chief producer) Barbara Broccoli – he is the one to beat."

—IANS